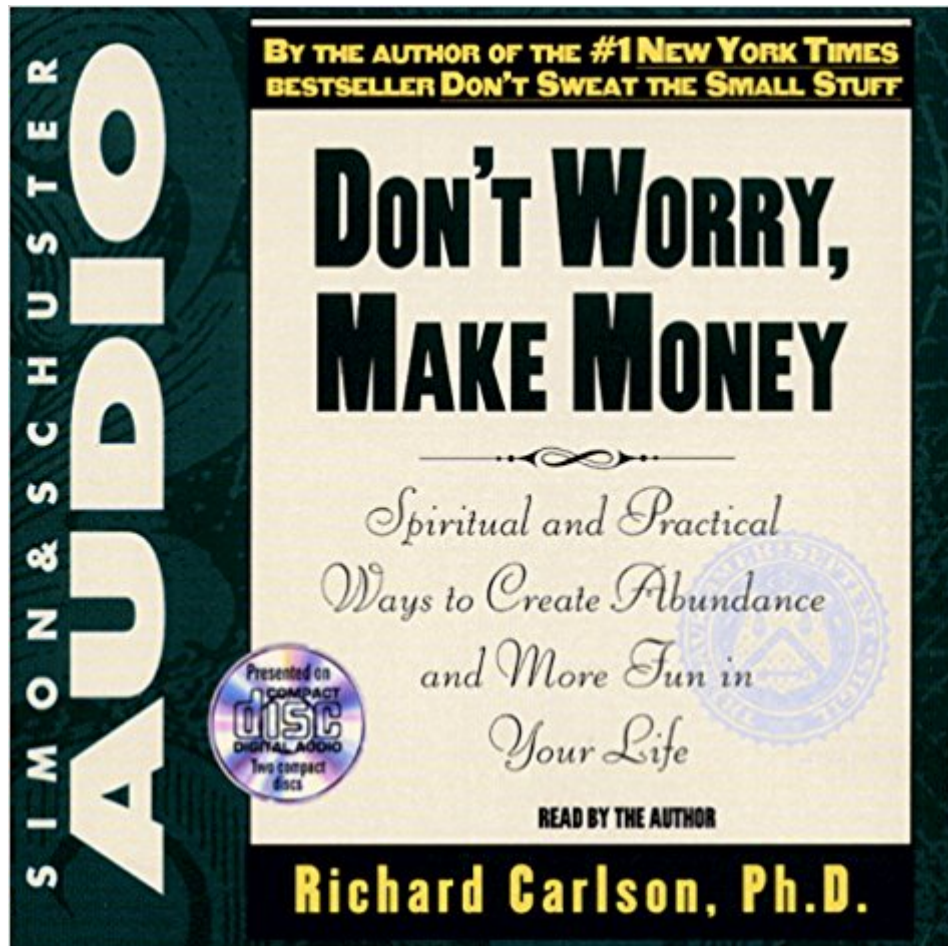




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Don't Worry, Make Money



Synopsis

In *Don't Sweat the Small Stuff*, Richard Carlson revealed new ways to calm down and enjoy more peace in our lives. Now, in *Don't Worry, Make Money*, Richard Carlson provides more new strategies for living more fully and worrying less as a means of attracting more wealth and abundance in our lives. Often we get into the trap of thinking that the only way to earn a good living is to stay late at the office, feeling stressed out and full of anxiety. However, this can actually get in the way of having a productive and rewarding career, and can drastically decrease our earnings. "Accept the fact that you can make excuses, or you can make money, but you can't do both," Carlson tells us. Combining his unique philosophy with specific financial strategies, *Don't Worry, Make Money* also tells us how to:

- * Use the power of reflection
- * Sock away two years' worth of living expenses
- * Learn about the relationship between moods and money
- * Develop relationships with people before you need something from them

Full of interesting and unique ideas for the overworked businessperson, *Don't Worry, Make Money* tells listeners how to live a life that's more wealthy, productive, and carefree by refusing to let worry get you down.

Book Information

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Customer Reviews

Best-selling author Richard Carlson, Ph.D., creator of the popular *Don't Sweat the Small Stuff* series and the just published *Don't Get Scrooged*, died suddenly of cardiac arrest enroute to New York on December 13. Carlson, 45, published his first book in 1985 and went on to publish more than 20 books that remain popular in English and in translation in 130 languages and 35 countries. Richard Carlson grew up in Piedmont, CA. He received his undergraduate degree from Pepperdine

University and his Ph.D. in psychology from Sierra University. He was in private practice as a psychotherapist when he started to publish books about psychological and spiritual health. As his books started to attract a large audience, he began writing full time so he could teach more people how to live with presence and ease by cultivating gratitude and generosity. Dr. Carlson was a large supporter of and participant in the National Center for Family Literacy and at the time of his death he was working on a project with them called for "A Penny a Book" from publishers, authors and literary agents to promote literacy. Dr. Carlson is survived by his wife and life partner of 25 years, Kris Carlson, his co-author on *Don't Sweat the Small Stuff in Love* and the author of *Don't Sweat the Small Stuff for Women*, his loving daughters Jasmine and Kenna, sisters, Kathleen Carlson Mowris of Olympic Village, CA and Anna L. Carlson of La Selva Beach, CA, and his parents, Barbara and Don Carlson of Orinda, CA. A private memorial service will be held next week. Donations in lieu of flowers can be made in Richard's honor to local food banks, Challenge Day, Girls Inc. or Children Inc. --This text refers to an out of print or unavailable edition of this title.

This is the best book I have ever read.

Great book with quality information and great concepts for a better mindset. Totally worth it. Just wish there was a Kindle version.

Excellent information, recipes, charts, etc. Have shared book with several friends and all comment on the great information and how it's helped them.

Such good information and direction. Very helpful, practical thoughts.this book will improve your life.

It is the only book that can help settle my anxiety and stress dealing with business. Highly recommended. It is my favorite.

Some great knowledge in this that can easily be applied to day to day life. Easy to pickup up whenever because of the way the chapters are laid out. Help yourself move forward by taking yourself out of the way.

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